# Anne C. Russ, PhD, LAT, ATC

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#### Education

2008-2012 Temple University, Philadelphia, Pennsylvania

Graduated August 2012

Doctor of Philosophy: Kinesiology, Athletic Training Concentration Research: Sex, Hormones and Use of Contraceptives on Muscle Strength,

Activation and Stiffness

2006-2008 Temple University, Philadelphia, Pennsylvania

Graduated May 2008

Master of Education: Kinesiology, Athletic Training Concentration

Research: Neuropsychological Influences on Neuromuscular Activation and

Functional Stability in the Ankle During a Functional Activity

2005-2006 Wright State University, Dayton, Ohio

Transferred to Temple University

Masters of Arts: Health, Physical Education and Recreation

2001-2005 Creighton University, Omaha, Nebraska

Graduated May 2005

Bachelor of Science: Athletic Training

# Teaching Experience

2015-present Director of Clinical Education, Professional and Post-Professional Athletic

Training Programs, Department of Kinesiology, Temple University

Responsibilities: clinical site visits; preceptor training, including creation of online materials; completing site-affiliation agreements for new clinical sites; mediating student and preceptor concerns; review medical records and

background checks prior to student placements; supervising graduate clinical experience and assistantship positions via the Sports Medicine Practica courses

2014-present Adjunct Graduate Faculty, Professional and Post-Professional Athletic Training

Programs, Department of Kinesiology, Temple University

Responsibilities: teach and design graduate courses in the CAATE approved professional and post-professional athletic training programs; advise enrolled students in research projects; teach and design graduate courses in the fully

online Doctor of Athletic Training Program Courses: KN 5143: Orthopedic Assessment I KN 5443 Organization and Administration in Athletic Training

KN 8348: Laboratory Techniques in Athletic Training

KN 8601: Research Appraisal and Clinical Application in Athletic Training

KN 8604: Evidence-Based Decision Making in Athletic Training

KN 9287: Sports Medicine Practicum I KN 9288: Sports Medicine Practicum II

2012 - present

Assistant Professor, Undergraduate Athletic Training Program: Department of Kinesiology, Temple University

Responsibilities: design and teach undergraduate courses and laboratories in CAATE approved athletic training with emphasis on learning over time and development of clinical skills and critical thinking

Courses: KN 1223 Anatomy and Physiology I Laboratory

KN 1224 Anatomy and Physiology II Lecture

KN 1442 Basic Techniques in Athletic Training

KN 1444 Movement Injuries: Care and Prevention

KN 2421 Emergency Medical Care in Health Professions

KN 2441 Lower Extremity Assessment and Treatment

KN 3441 Therapeutic Modalities in Athletic Training Laboratory

KN 3487 Practicum in Athletic Training I

KN 3687 Practicum in Athletic Training II

KN 4443 Organization and Administration in Athletic Training

KN 4487 Practicum in Athletic Training III

KN 4687 Practicum in Athletic Training IV

2013 - 2015

Clinical Education Coordinator, Undergraduate Athletic Training Program:

Department of Kinesiology, Temple University

Responsibilities: clinical site visits; preceptor training, including creation of online materials; completing site-affiliation agreements for new clinical sites; mediating student and preceptor concerns; review medical records and background checks prior to student placements

2012

Adjunct Professor: Department of Biology, Community College of Philadelphia Responsibilities: prepare and instruct mainly non-traditional students in lecture and lab, develop exams

Courses: BIO 110: Anatomy and Physiology II

2010 - 2012

Teaching Assistant, Undergraduate Athletic Training Program: Department of Kinesiology, Temple University

Responsibilities: review superficial anatomy with students, assist in instruction of basic athletic training skills, grade exams

Course: KN 1442 Basic Techniques in Athletic Training

Responsibilities: instruct athletic injury recognition and evaluation techniques, design group projects, develop written and practical exams, update course design

Courses: KN 2441 Lower Extremity Assessment and Treatment

#### KN 2442 Upper Extremity Assessment and Treatment

2007 - 2012 Summer Instructor: Department of Kinesiology, Temple University Responsibilities: prepare and instruct summer courses Courses: KN 1223 Anatomy and Physiology I KN 1224 Anatomy and Physiology II KN 1444 Movement Injuries: Care and Prevention 2007 - 2012 Course Administrator Assistant, Anatomy and Physiology: Department of Kinesiology, Temple University Responsibilities: administrative duties, maintain course on Blackboard, prepare laboratories, grade keeping, review exams with students, organize weekly laboratory meetings, create and implement a policy and procedures manual for teaching assistants, design and maintain homework assignments on McGraw Hill's Connect Courses: KN 1223 Anatomy and Physiology I KN 1224 Anatomy and Physiology II 2008 - 2009 Adjunct Professor, School of Social Administration: Temple University Responsibilities: design and teach undergraduate summer course in general human anatomy and physiology for Social Administration majors Course: KN 1225 General Human Anatomy and Physiology 2006 - 2008 Teaching Assistant, Anatomy and Physiology: Department of Kinesiology, Temple University Responsibilities: teach undergraduate anatomy and physiology laboratories, proctor exams Courses: KN 1223 Anatomy and Physiology I

2005 - 2006

Clinical Instructor, Athletic Training: Wright State University Responsibilities: Assist in instructing classes, perform check-off for student skills, develop a question back to be used for review and mock BOC examination

Courses: ATR 262 Athletic Emergency Care

ATR 286 Emergency Management Skills ATR 384 Lower Body Assessment Skills ATR 460 Advanced Athletic Training

#### **Publications**

Peer Reviewed Articles

McGinnis, IW, Cobb JL, Tierney RT, Russ AC. Vestibular Rehabilitation For Dizziness And Imbalance Following Concussion: A Critically Appraised Topic. International Journal of Athletic Therapy and Training. In press

Ratka JM, Russ AC, Mansell JL. Use of Mouth Guard and Association with Concussion Rates in Rugby. International Journal of Athletic Therapy and Training. In press

**Russ AC**, Moffit DM & Mansell J. (2017). Sexual Harassment and internships: How do we protect our students and program? *Kinesiology Review*. 6:4;391-393.

Moffit DM, Mansell J & Russ AC. (2017). An educational relationship between an athletic training program and an elementary school. *Kinesiology Review*. 6:4;380-383

Moffit DM, Mansell J, **Russ AC,** Thorpe J. (2017). Sexual harassment training and reporting in Athletic Training Students. *Athletic Training Education Journal.* 12:1; 3-9

Moffit D, Mansell J, **Russ A.** (2016). A systematic approach to programmatic assessment. *Athletic Training Education Journal.* 11:3; 161-167.

Moffit D, **Russ A**, Mansell J. (2015) Marching Band Camp Injury Rates at the Collegiate Level. *Medical Problems of the Performing Artist.* 30:2; 96-99.

Moffit D, Sitler M, Swanik C, Russ A, Tierney R, Sachs M. (2012). Gender and Menstrual Cycle Influences on Dynamic Restraint During an Acoustic Startle. *Temple University Journal of Orthopaedic Surgery & Sports Medicine*, 7, 77-83.

Black M, Friel B, Jasak J, Lombard M, **Russ A**. An Evaluation of Portrayals of Telepresence and Romantic Relationships in Film and Television. *Presence 2008*. 117-125.

Refereed Scientific Abstracts

McGinnis IW, Cobb JL, Tierney RT, **Russ AC.** (2018). Vestibular Rehabilitation for Dizziness and Imbalance. *Journal of Athletic Training*, 53:6(s); S-31.

**Russ AC**, Davis ER, Mitchell J, Mansell JM. (2018). Association Between Life-Event Stress and Quality of Life In Collegiate Athletes. *Journal of Athletic Training*, 53:6(s); S-44.

Bretzin AC, Moffit DM, Mansell JM, **Russ AC.** (2016). Is Current Legislation Up-To-Date on Concussion Management? *Journal of Athletic Training*. 51:6(s); S-266.

**Russ A,** Yingling V, Stearne D, Anastasio S, Tierney R, Moffit D. (2013). Sex, Hormones, and Use of Contraceptives on Neuromuscular Function. *Journal of Athletic Training.* 48: 3(s); S-175.

**Russ A**, Sitler M, Moffit D, Tierney, R. Effects of an Acoustic Perturbation on Neuromuscular Activation and Functional Stability in the Ankle During a Functional Activity. *Journal of Athletic Training*. 43: 3(s); S-107.

Moffit D, Sitler M, Russ A. Acoustic Perturbation Influences on Neuromuscular Hamstring/Quadriceps Coactivation and Functional Stability. *Journal of Athletic Training*. 43: 3(s); S-13.

Non-Referred Articles

Mansell J, Moffit D, Russ A. (2014). Preventing Marching Injuries. The Instrumentalist. May, 20-23.

Publications in Development

**Russ AC**, Davis ER, Mitchell J, Mansell JM. Association Between Life-Event Stress and Quality of Life In Collegiate Athletes.

**Russ AC**, Mansell JM, Coy S, Moffit DM. Kinesiology students' perception of the athletic training profession

### **Grants**

2018	Innovative Teaching with Makerspace Technology Grant. Russ AC (PI) Funded \$1,800.00.
2018	Let's Chat: Conversations about Diversity in Atheltic Training. National
	Athletic Trainers' Association Ethnic Diversity Advisory Committee. Russ AC (PI). Funded \$2,000.00.
2015	Let's Stay Together: A Mentor Workshop. National Athletic Trainers' Association Ethnic Diversity Advisory Committee. Russ AC (Co-PI). Funded \$1,328.00
2009	Neuropsychological Influences on Neuromuscular Activity. Eastern Athletic Trainers' Association Research Grant. Russ AC (PI) Funded \$3980

#### **Presentations**

2018	Southwest Athletic Trainers' Association Annual Meeting

Poster Presentation Benavides O, **Russ AC** 

"Modifiable Risk Factors In Low Back and Hip Dysfunction"

2018 National Athletic Trainers' Association Ethnic Diversity Advisory Committee

Town Hall Meeting Poster Presentation

Mansell JL, Pagnotta K, Russ AC

Let's Stay Together: A Mentor Workshop

2018 National Athletic Trainers' Association Annual Meeting Oral Presentation Russ AC, Davis ER, Mitchell J, Mansell JM "Association Between Life-Event Stress and Quality of Life In Collegiate Athletes" 2018 National Athletic Trainers' Association Annual Meeting Workshop Tierney, Higgins, McDevitt, Mansell, Thomas, Russ "Vestibular Assessment and Therapy for Concussion Management" 2018 National Athletic Trainers' Association Annual Meeting Rapid Fire Presentation McGinnis IW, Cobb JL, Tierney RT, Russ AC "Vestibular Rehabilitation for Dizziness and Imbalance" 2018 Pennsylvania Athletic Trainers' Society Annual Meeting Poster Presentation Thomson RP, Carabello DM, Russ AC, Mansell JM "Depression Following Concussion in Retired Professional Football Players" \*Winner, Critically Appraised Topic Poster 2018 College of Public Health Research Day Poster Presentation Childs SM, Mansell JL, Russ AC The Effect of Sex Hormones on Postural Control in Oral Contraceptive Users 2018 CanvasFest Breakout Session Facilitator Russ AC, Mansell JM, Tierney RT "Using Canvas to Create a Self-Paced Capstone Course for an Online Program" 2018 Pennsylvania Athletic Trainers' Society Student Symposium Oral Presentation "Sexual Harassment Recognition and Management" 2018 Eastern Athletic Trainers' Association Annual Meeting Poster Presentation "Vestibular Rehabilitation for Dizziness and Imbalance" McGinnis IW, Cobb JL, Tierney RT, Russ AC

2017 Pennsylvania Athletic Trainers' Society Annual Meeting Poster Presentation "Vestibular Rehabilitation for Dizziness and Imbalance" McGinnis IW, Cobb JL, Tierney RT, Russ AC \*Winner, Critically Appraised Topic Poster 2017 American Kinesiology Association Leadership Workshop Round Table Discussion: Partnerships for Effective Academic Programs Moffit DM, Mansell JL, Russ AC "An Educational Relationship Between Owls Athletic Training Society and Lanning Square Elementary School" 2017 American Kinesiology Association Leadership Workshop Round Table Discussion: Partnerships for Effective Internships, Service Learning, and Community Outreach Russ AC, Moffit DM, Mansell JL "Sexual Harassment and Internships: How do we Protect Our Students and Program? 2016 National Athletic Trainers' Association Annual Meeting Poster Presentation Bretzin AC, Moffit DM, Mansell JM, Russ AC "Is Current Legislation Up-To-Date on Concussion Management?" 2016 Gender & Sexuality in Everyday Life Conference Oral Presentation Moffit DM, Mansell JM, Russ AC, Thorpe J "Sexual Harassment Training and Reporting in Athletic Training Students" 2016 Big Sky Athletic Training and Sports Medicine Conference Poster Presentation Bretzin AC, Moffit DM, Mansell JM, Russ AC "Is Current Legislation Up-To-Date on Concussion Management?" 2014 Hawaii International Conference on Education Oral Presentation Russ A, Mansell J, Moffit D "Sexual Harassment and Internships: How Do We Protect Our Students and Program?" Hawaii International Conference on Education 2014 Oral Presentation Mansell J, Moffit D, Russ A "Practice Safe Grading: Use a Rubric"

2014	Hawaii International Conference on Education Oral Presentation Moffit D, Mansell J, <b>Russ A</b> "Clinical Course Assessment: What You Didn't Learn in Your Education Classes"
2013	National Athletic Trainers' Association Annual Meeting Symposium Poster Presentation <b>Russ A,</b> Yingling V, Stearne D, Anastasio S, Tierney R, Moffit D "Sex, Hormones, and Use of Contraceptives on Neuromuscular Function"
2012	Eastern Athletic Trainers' Association Annual Symposium Poster Presentation Russ A, Moffit D, Mansell J "Neuropsychological Influences on Neuromuscular Activation"
2008	National Athletic Trainers' Association Annual Meeting Symposium Poster Presentation Russ A, Sitler M, Moffit D, Tierney, R "Effects of an Acoustic Perturbation on Neuromuscular Control and Functional Stability in the Ankle During a Functional Activity"
2005	Mid-America Athletic Trainers' Association Spring Symposium Student Section Oral Presentation "Thrower's Ten: Preventing Shoulder Injuries"
2004	Mid-America Athletic Trainers' Association Spring Symposium Student Section Oral Presentation "Posterior Bankhart Lesion in a Baseball Player: A Case Study"

Special Events
Invited Guest Speaker

2016	HRPR 1001: The Way We Live, Work and Play Temple University
2015 - 2018	KN 1201: Introduction to Kinesiology Temple University
2008 - 2017	KIN 8300: Seminar in Athletic Training Temple University
2008 - 2010	KIN 1224: Human Anatomy and Physiology II – Lecture Temple University
2008	KIN 1224: Human Anatomy and Physiology II – Laboratory

Temple University

2008 KIN 1223: Human Anatomy and Physiology I – Lecture

Temple University

2008 KIN 1223: Human Anatomy and Physiology I – Laboratory

Temple University

2008 Undergraduate Athletic Training Program – NATABOC Exam Round Table

Temple University

#### **Graduate Student Advisor**

Research project advisor for students in the Temple University Graduate Athletic Training Program. Assist in the development of research design, data collection and analysis, and review written document

Hoder, Sarah. Vestibular Ocular Function in Individuals with Chronic Ankle Instability. 2017 – current

Straley, Brandon. Ankle Function in Dancers. 2017 - current.

Childs, Siena. Effect of the Hormonal Contraceptives on Static and Dynamic Balance. 2016 – 2018.

Loeb, Rachael, Sensory Processing in Individuals with Chronic Ankle Instability during Quiet Stance. 2016-2018.

Davis, Alyssa. Effect of Kinesiotape on Shoulder Neuromuscular Control Post-Fatigue. 2012 – 2014.

Johnson, Erika. Quality of Life in Relation to Vertical Drop Muscle Stiffness in Collegiate Athletes. 2014 –2016

McMillen, Cory. Core Muscle Activation in Individuals with Functional Ankle Instability. 2015 – 2017.

Mitchell, Jaye. Life Stresses and Muscle Stiffness in Collegiate Athletes. 2014 – 2016

Trainor, Conor. Lower Extremity Stiffness and Reaction Time. 2012 – 2015.

Anastacio, Stacie. Effect of Sex, Hormones and Contraception Use of Hip Neuromuscular Strength and Activation. 2011 – 2013

Maskery, Melissa. An Analysis of Non-Contact Injuries and Contraceptive Use in Collegiate Club Sports. 2011-2013

Foster, Julia. Effect of Acoustic Startle and Fatigue on Lower Extremity Neuromuscular Control. 2009-2012

Castellanos, Kaite. Effect of Acoustic Startle on Kinematics and Muscle Activity During Soccer Heading. 2008-2010

## **Professional Development**

June 2018	National Athletic Trainers' Association Annual Meeting New Orleans, LA
June 2018	Pennsylvania Athletic Trainers' Society Annual Meeting Harrisburg, PA
April 2018	CanvasFest Center for Advancement of Teaching, Temple University
January 2018	Annual Faculty Conference on Teaching Excellence Center for Advancement of Teaching, Temple University
November 2017	Rothman Institute Female Athlete Symposium Philadelphia, PA
June 2017	National Athletic Trainers' Association Annual Meeting Houston, TX
June 2017	Pennsylvania Athletic Trainers' Society Annual Meeting Erie, PA
May – June 2017	Provost's Teaching Academy Center for the Advancement of Teaching, Temple University
February 2017	Athletic Training Educators' Conference Dallas, Texas
January 2017	American Kinesiology Association Leadership Workshop Dallas, TX
January 2017	Eastern Athletic Trainers' Association Annual Meeting Philadelphia, PA

November 2016	Online Teaching Institute The Learning Center, Temple University
June 2016	National Athletic Trainers' Association Annual Meeting Baltimore, MD
June 2016	Pennsylvania Athletic Trainers' Society Annual Meeting Harrisburg, PA
January 2016	Eastern Athletic Trainers' Association Annual Meeting Boston, MA
October 2015	Commission on Accreditation of Athletic Training Education Conference Tampa, FL
2014-2015	Assessment @ the Start Brown Bag Workshops The Learning Center, Temple University
February 2015	Athletic Training Educators' Conference Dallas, Texas
January 2015	Eastern Athletic Trainers' Association Annual Meeting Philadelphia, PA
November 2014	Rothman Institute Female Athlete Symposium Philadelphia, PA
June 2014	Pennsylvania Athletic Trainers' Society Annual Meeting Gettysburg, PA
February 2014	Book Group: Teaching International Students The Learning Center, Temple University
February 2014	From Case Studies to Clinical Experience: Actively Engaging Students The Learning Center, Temple University
January 2014	Hawaii International Conference on Education Waikiki, HI
June 2013	National Athletic Trainers' Associate Annual Meeting and Symposium Las Vegas, NV
April 2013	Virtual Teaching Program The Learning Center, Temple University

January 2013	Athletic Training Educators' Conference Dallas, Texas
January 2012	Eastern Athletic Trainers' Association Annual Symposium Boston, Massachusetts
May 2011	Eagles Sports Medicine Symposium Philadelphia, Pennsylvania
January 2011	McGraw Hill Anatomy and Physiology Technology Workshop Villanova, Pennsylvania
January 2011	Eastern Athletic Trainers' Association Annual Symposium Philadelphia, Pennsylvania
September 2010	Beyond Multiple Guess Exams: Making Multiple Choice Exams Fair, Meaningful, and Valid The Learning Center, Temple University
November 2009	Connect with Your Colleagues Technology Workshop McGraw Hill, New York, New York
June 2008	National Athletic Trainers' Association Annual Meeting and Symposium St. Louis, Missouri
June 2006	National Athletic Trainers' Association Annual Meeting and Symposium Atlanta, Georgia
January 2006	Lower Extremity in Sports Workshop Fairborn, Ohio
March 2005	Mid-America Athletic Trainers' Assoziation Spring Symposium Wichita, Kansas
March 2004	Mid-America Athletic Trainers' Association Spring Symposium Omaha, Nebraska
March 2003	Mid-America Athletic Trainers' Association Spring Symposium Sioux Falls, South Dakota
Service	
2018 – present	Chair, Education Committee Pennsylvania Athletic Trainers' Society
2018 - present	Center for Advancement of Teaching Canvas Faculty Partner

2017 – 2018	Planning Committee, Pennsylvania Athletic Trainers' Society 2018 Student Symposium
2016 – present	Chair, Departmental Alumni and Awards Committee, Temple University
2015 – present	Approved Provider, Board of Certification
2015 – present	Fieldwork Taskforce, College of Public Health, Temple University
2016 – present	Pennsylvania Athletic Trainers' Society Higher Education Committee Member
2014 - 2016	Abstract Reviewer, Eastern Athletic Trainers' Association
2014 – 2016	Pennsylvania Athletic Trainers' Society Corporate Sponsorship Committee Member
2014 – 2016	Somatic Group Chair, Department of Kinesiology, Temple University
2014 - 2015	Abstract Reviewer, College of Public Health Research Day, Temple University
2013 - 2015	Non-Tenure Track Search Committee Member, Department of Kinesiology
2013 – 2016	Personnel Committee, Department of Kinesiology
2014 - 2016	Temple University Upward Bound Science Symposium Judge
2014	Career Day at Philadelphia High School for Girls
2012 – 2014	Temple University National Girl and Women in Sports Day Committee Member
2012 - 2013	Athletic Training Education Leadership Counsel Mentor
2008 - 2010	Temple University College of Health Professions Research Day Committee; Department of Kinesiology Graduate Student Representative
2010	Temple University Athletic Training Graduate Student Representative for Middle States Luncheon
2009	Temple University College of Health Professions Student Focus Group Department of Kinesiology Graduate Student Representative

# Memberships and Certifications

2014 – present	Healthcare Provider CPR & AED Certified Emergency Care and Safety Institute
2014- present	National Provider Identifier 1316363328
2013 - present	Certified CPR/AED Instructor Emergency Care and Safety Institute
2012 - present	Commonwealth of Pennsylvania Licensed Athletic Trainer License # RTO000151
2005 - present	NATA-BOC Certified Athletic Trainer Certification # 060502032
2004 - present	National Athletic Trainers' Association Member #999969
2002 - 2014	American Red Cross CPR/AED for the Professional Rescuer Certified
2005 - 2007	Ohio State Licensed Athletic Trainer License # 002553
2005 - 2006	Great Lakes Athletic Trainers' Association Student Member
2005	Mid-America Athletic Trainers' Association Student Member
Awards 2018	2017 Athletic Training Education Journal Outstanding Original Research Manuscript "Sexual Harassment Training and Reporting in Athletic Training Students" Mansell, Moffit, Russ & Thorpe
2018	Meritorious Poster Award #1: Siena Childs (Kinesiology). Advisor: Drs. Jamie Mansell and Anne Russ at the 2018 College of Public Health Research Day
2018	Critically Appraised Topic Award for student poster presentation at the Pennsylvania Athletic Trainers' Society, Incorporated Annual Meeting
2017	Critically Appraised Topic Award for student poster presentation at the Pennsylvania Athletic Trainers' Society, Incorporated Annual Meeting
2012	TUGSA Graduate Assistant Service Award Recipient

# Honors

2017	Selected for Provost's Teaching Academy
2017	Awarded a Teaching with Technology Fellow from Temple University's Instructional Support Center
2015	Awarded a Teaching with Technology Fellow from Temple University's Instructional Support Center
2010	Hilsendager Scholarship Recipient, Temple University
2003 - 2005	Creighton University Dean's List
2004	First recipient of the Frank J. Iwerson M.D. Student Athlete Scholarship for work in athletic training
2001 - 2005	Creighton University Academic Scholarship
Activities	
Activities  2018 – present	Canvas Faculty Partner
	Canvas Faculty Partner  OATS Notes Editor, Temple University Athletic Training Newsletter
2018 – present	
2018 – present 2014 - present	OATS Notes Editor, Temple University Athletic Training Newsletter
2018 – present 2014 - present 2013 - present	OATS Notes Editor, Temple University Athletic Training Newsletter  Temple Athletic Training Program Social Media Moderator
2018 – present 2014 - present 2013 - present 2017	OATS Notes Editor, Temple University Athletic Training Newsletter  Temple Athletic Training Program Social Media Moderator  Provost's Teaching Academy